

THE FACTS ABOUT OVARIAN CANCER

Ovarian cancer is one of the **five leading causes** of cancer related death in American women.

A woman's lifetime risk is **1 in 75**.

Each year, **22,280** women are diagnosed and **14,240** women die of ovarian cancer.

A woman's chance of survival is better if the cancer is **found early**.

A **Pap test does NOT** detect ovarian cancer, it tests for cervical cancer.

WHO GETS OVARIAN CANCER?

All women are at risk for ovarian cancer, but some are at higher risk:

- Women with a family or personal history of ovarian, breast or colon cancer
- Post-menopausal women
- Women who have never been pregnant or given birth

WHAT CAN YOU DO TO DETECT IT?

Until a screening test is found:

- Have your yearly well-woman visit.
- If a family member has cancer, discuss regular monitoring with your doctor.
- If you have symptoms, ask for a pelvic exam, transvaginal ultrasound and a CA-125 blood test.
- If ovarian cancer is suspected, consult a gynecologic oncologist. To find one in your area, call the Foundation for Women's Cancer at 1-800-444-4441.

WHAT CAN REDUCE THE RISK OF OVARIAN CANCER?

- Oral contraceptives
- Pregnancy and breast feeding
- Tubal ligation/hysterectomy
- Removal of the ovaries and fallopian tubes

WHAT SHOULD I LOOK FOR?

Ovarian cancer has symptoms. Take action and see your doctor, preferably a gynecologist, if the following symptoms are unusual for you and occur 12 or more days in a given month:

- Bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Urinary symptoms (urgency or frequency)

Additional symptoms have been commonly reported by women with ovarian cancer. They include fatigue, indigestion, back pain, pain with intercourse, constipation and menstrual irregularities. These symptoms are not as useful in identifying ovarian cancer because they are also found as often in women who do not have the disease.

OCRFA

Ovarian Cancer
Research Fund Alliance

Ovarian Cancer Research Fund Alliance (OCRFA) is the largest global organization dedicated to advancing ovarian cancer research while supporting women and their families.

www.ocrfa.org (866) 399-6262