

# Making Decisions about Palliative Care and Hospice

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MEDICINE

# Palliative Care and Hospice: What you need to know

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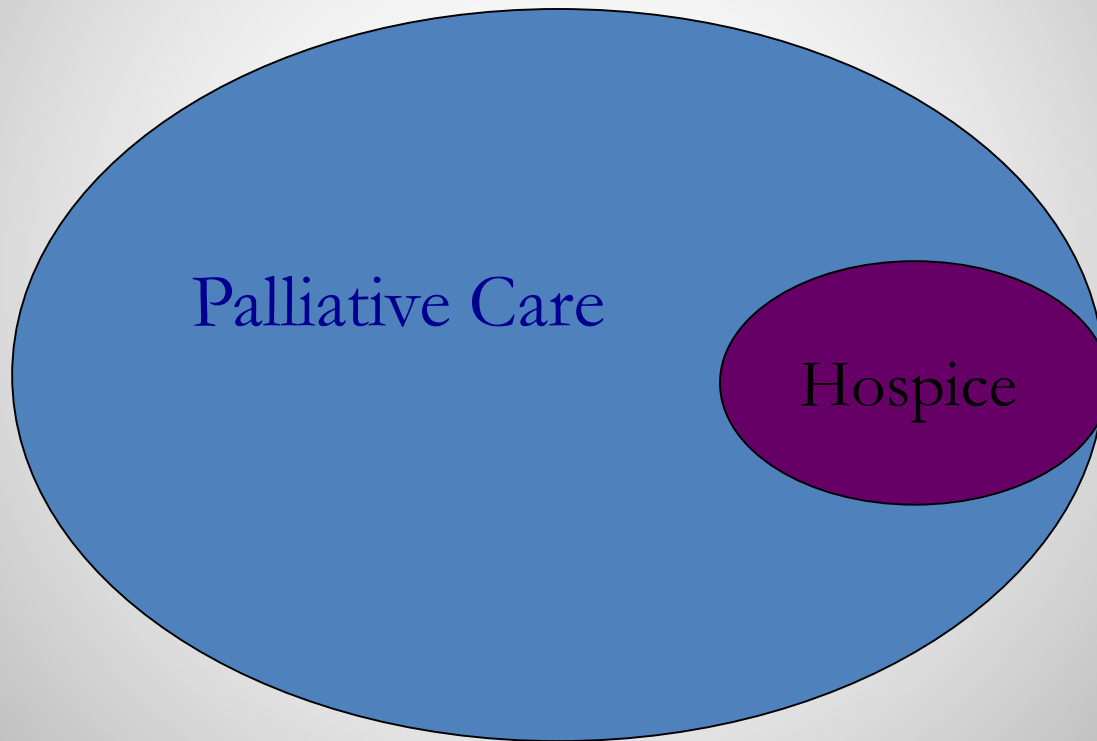
Clinical Director of Palliative Medicine  
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Palliative care and hospice services acknowledge the many stresses of serious illness and coordinate the support of an interdisciplinary team to promote the best possible quality of life

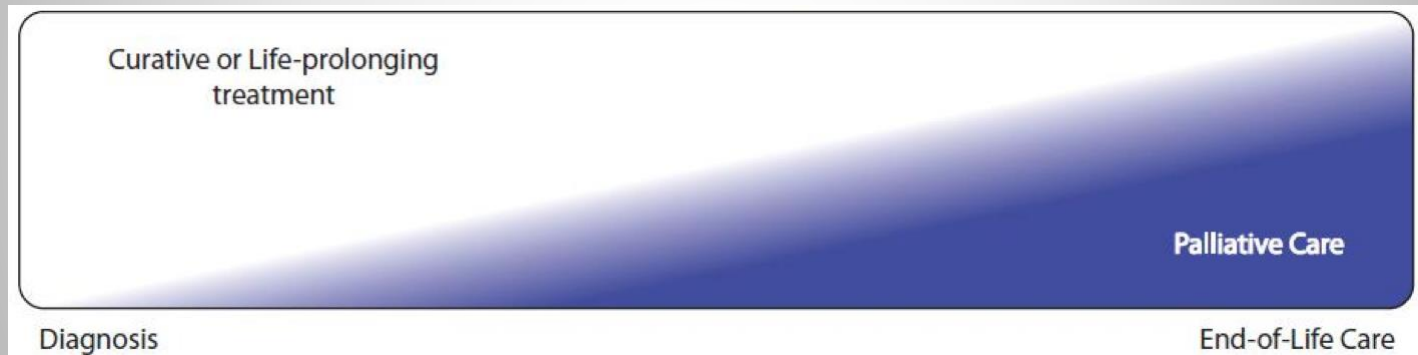
# Early incorporation of Palliative Care is recommended by multiple professional organizations



All palliative care is not hospice



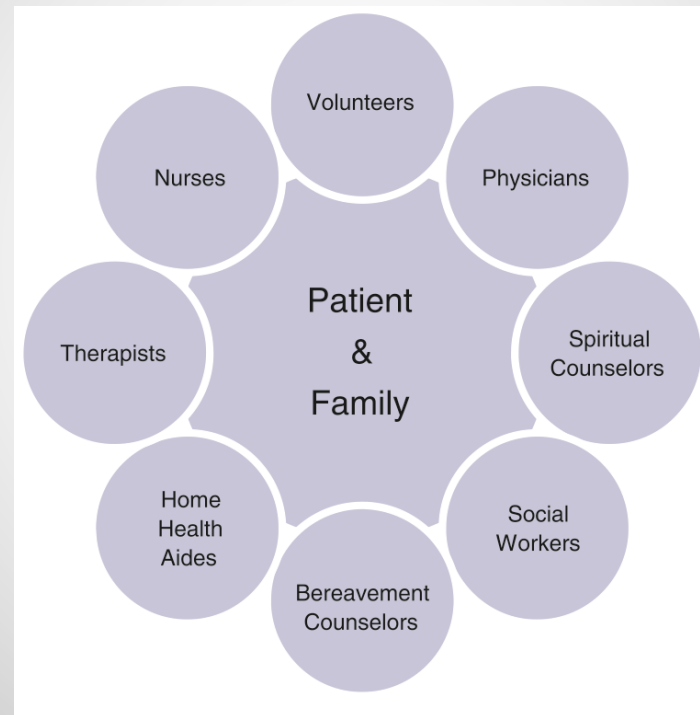
# Palliative Care can be appropriate from diagnosis to survivorship



# What to expect in a palliative care consult

- Reason for consultation
  - Understanding of illness and goals of treatment
- Role of palliative medicine in your care
- Symptom review
  - Including anxiety and depression
- Sources of support and coping
  - Spiritual assessment + social support
- Plan of care
  - Medications, referrals, coordination with oncology team

Hospice is the model for quality, compassionate care in the final months of life





Hospice is not a place



Hospice does not mean giving up hope



Hospice is best initiated before a crisis



# Questions Comments Thoughts

