



Every 23 minutes, someone in the US is diagnosed with ovarian cancer.

That's why OCRA is committed to fighting the disease on all fronts.









## **RESEARCH**

Partnering with scientists to eradicate ovarian cancer

OCRA is the largest non-government funder of ovarian cancer research and has the longest track record of impact. We have invested \$110 million to jumpstart promising research and hasten desperately needed breakthroughs. Every day, OCRA-funded researchers are finding new ways to treat, prevent and ultimately cure ovarian cancer.



## **ADVOCACY**

Engaging with policymakers to keep this fight a priority

We are the voice for the ovarian cancer community, working with legislators to ensure federal ovarian cancer research and education, patient safety, and access to high-quality care are protected on Capitol Hill. We also change the way future healthcare professionals recognize ovarian cancer through our Survivors Teaching Students program.



## PATIENT SUPPORT

Standing together with every person touched by the disease

Our programs help people navigate an overwhelming diagnosis, supporting patients and their families when and where they need it most. Our Woman to Woman peer support program pairs newly diagnosed patients with survivors who provide hope and insight, and our Ovarian Cancer National Conference brings survivors together to share knowledge and build community.

# Learn the symptoms. Know your risk.



### Ovarian cancer is the #1 cause of gynecologic cancer deaths, killing nearly 14,000 women each year.

#### Most common symptoms:

- Bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Frequent and/or urgent urination

If these symptoms persist for two weeks, and are new and unusual for you, see a doctor and ask about ovarian cancer.

Those with a family history of breast or ovarian cancer, and with BRCA1 and BRCA2 genetic mutations, may be at a higher risk. Oral contraceptives, pregnancy and breastfeeding may reduce risk. Learn your family history and speak with your doctor about your risk factors.

If ovarian cancer is suspected, see a gynecologic oncologist.

Get support: on the phone, online, or in person:





Visit ocrahope.org to learn more and follow us on social media @ocrahope

PO Box 32141 New York, NY 10087-2141



Through your generous support, we can continue funding cures, advocating for patients, and supporting survivors.





